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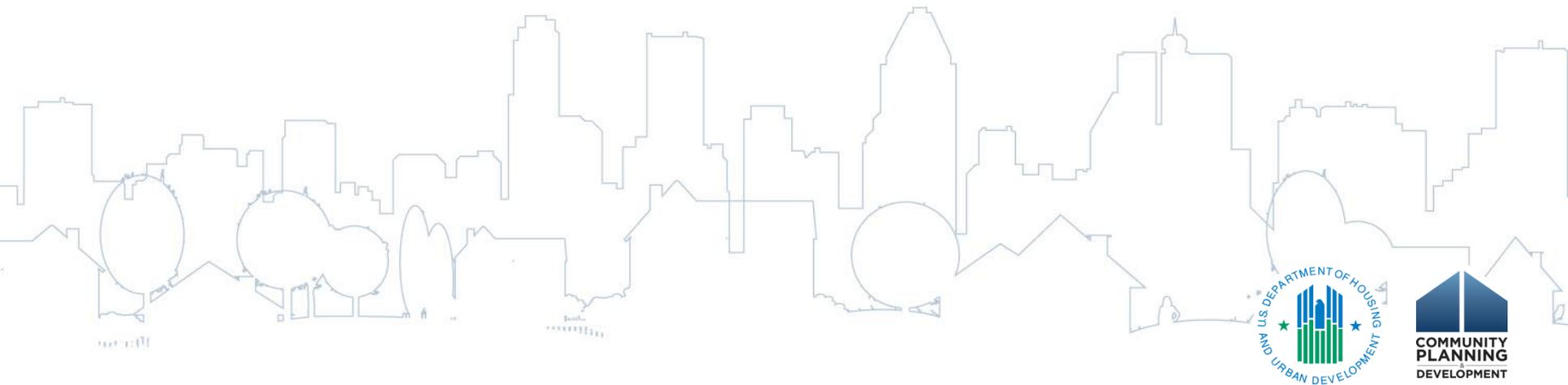


Adobe Connect Audio Tips

Symptom	Quick Fix
Voice is too quiet or too intense	<ul style="list-style-type: none">• Adjust mic placement
You cannot be heard by others	<ul style="list-style-type: none">• Run audio set-up wizard• Is audio muted in Adobe or is headset muted?
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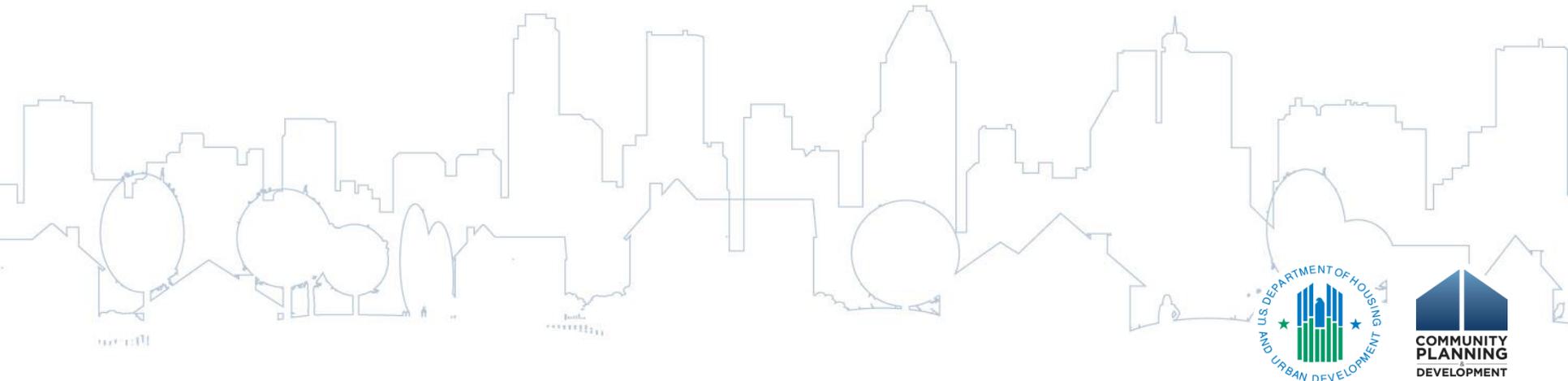
Examining Positive Youth Development in Practice

**Wednesday, October 24, 2018
1:00-2:30 pm (ET)**



Who is joining the session today?

- Your Name
- YHDP Community
- Project Type
- What you hope to gain from the session



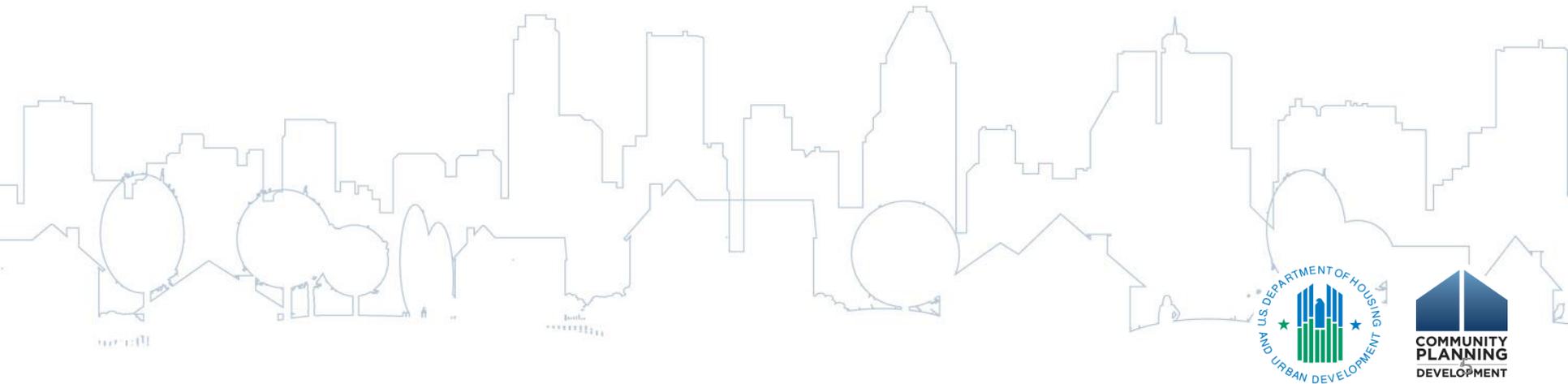


Susan R. Spagnuolo

Senior TA Manager

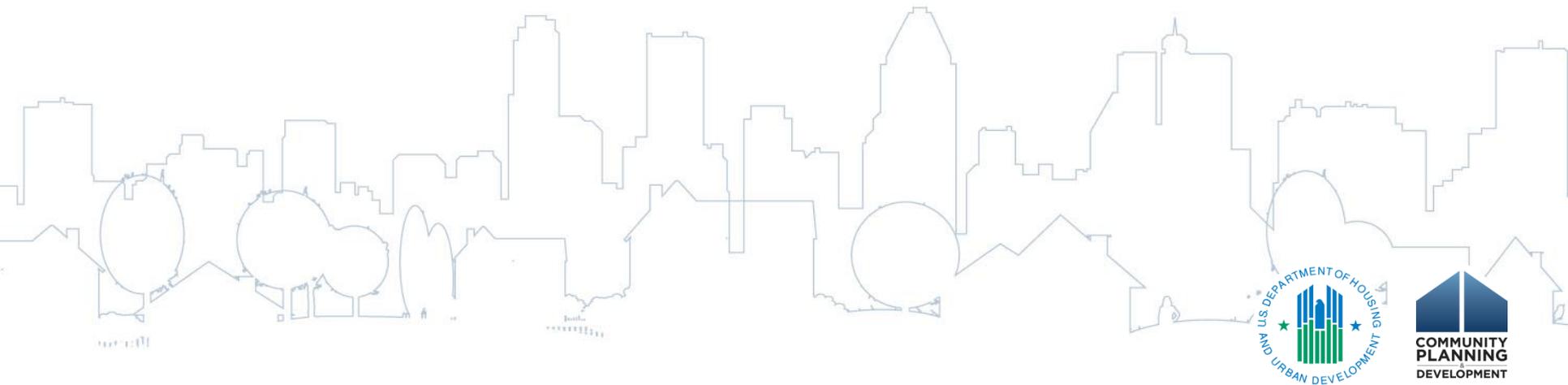
MANY

Pronouns: she/her/hers

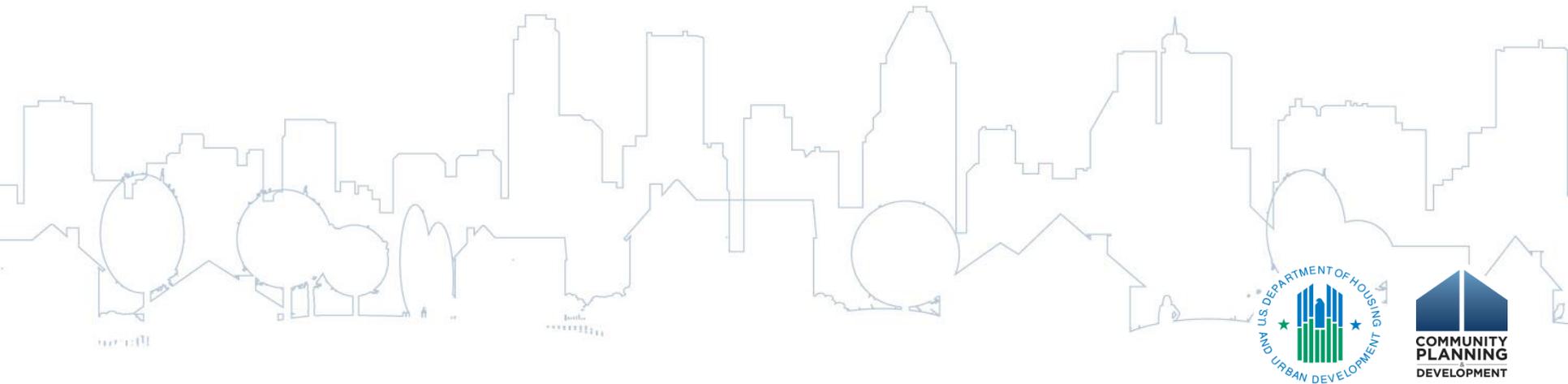


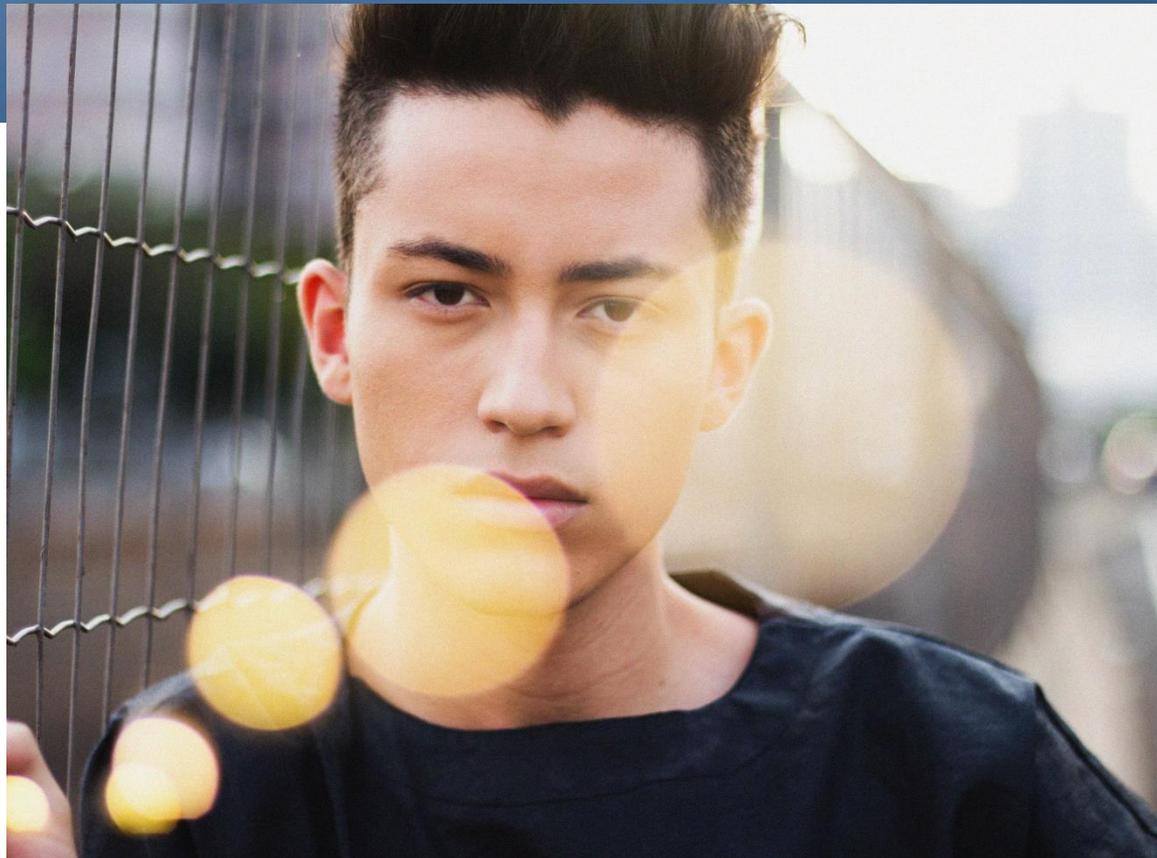
Objectives

- Understand Positive Youth Development (PYD) as a framework for service delivery
- Explore the implications of a PYD approach in practice
- Discuss some practical strategies for integrating a PYD approach in the context of YHDP implementation



A REVIEW OF PYD THEORY





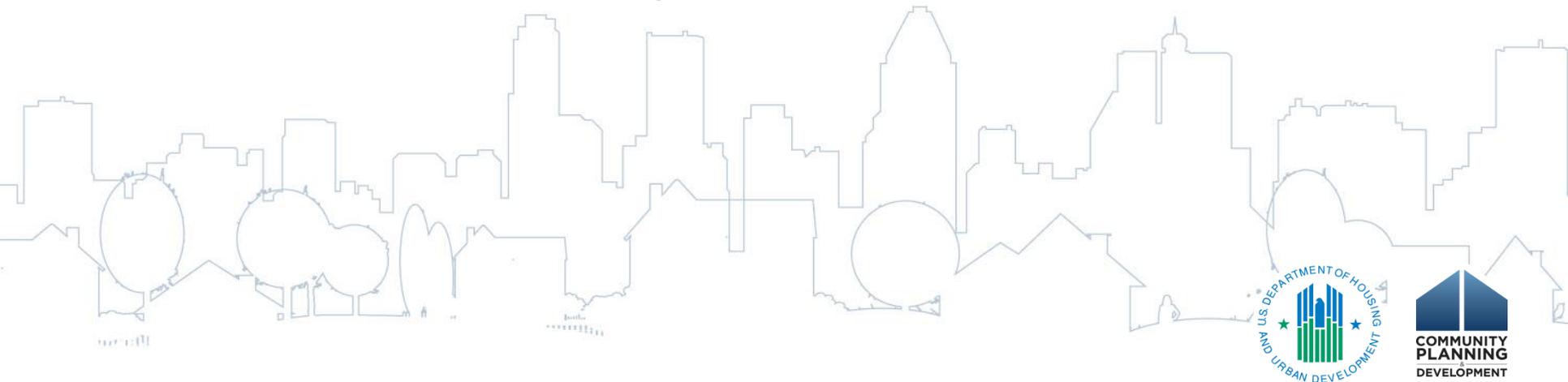
“Problem Free is not Fully Prepared”

Dr. Karen Pittman



Positive Youth Development

A framework for service delivery that focuses on the **strengths** of the individual and is centered on growth and development. It emphasizes **youth as partners** in decision-making processes which allows them to take ownership and develop a sense of self-identity.



Positive Youth Development



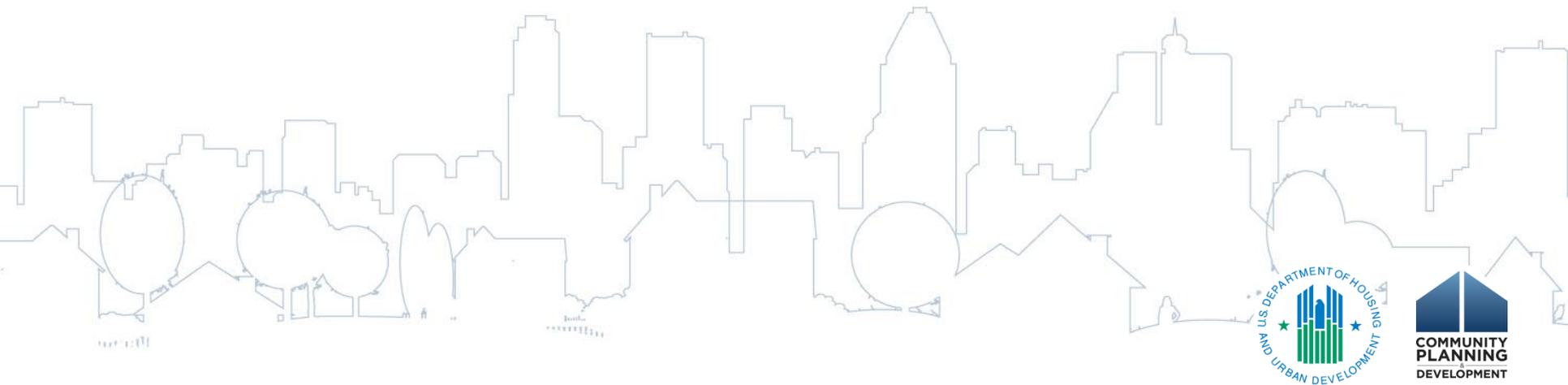
- Essential Elements of PYD framework
- Developmental Assets
- 5Cs
- Resiliency theory
- Strength-based approach



Essential Elements of PYD

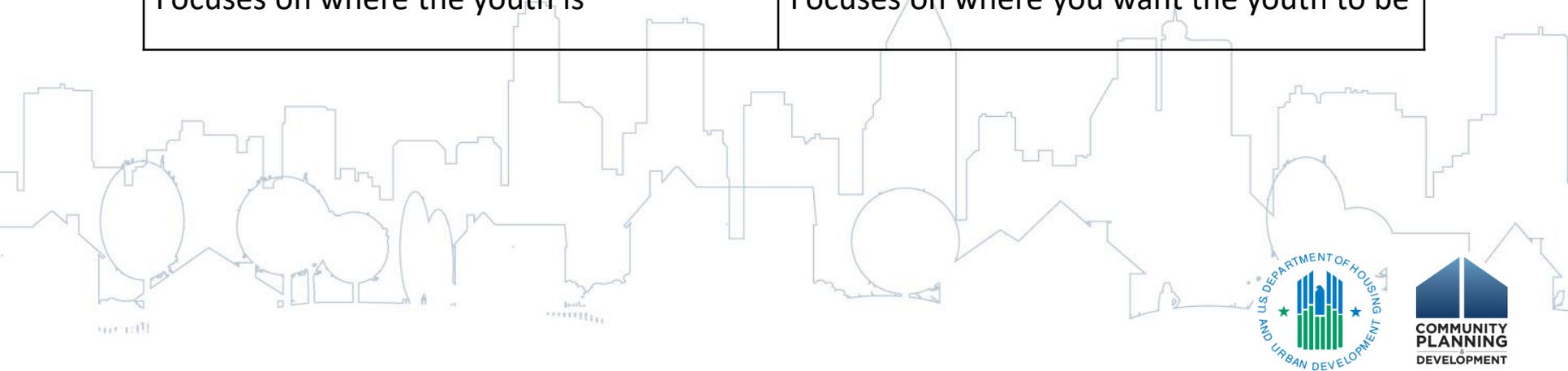
Strengths-Based Approach

- Positive opportunities
- Empowerment



Strength-based Perspective

Strength-Based Approach	Deficit-Based Approach
Recognizes youth potential	Recognizes youth pathology
Focuses to achieve positive outcomes	Focuses on fixing youth problems
Builds on strengths toward goals	Seeks to prevent negative outcomes
Focuses on where the youth is	Focuses on where you want the youth to be



Flip the Paradigm

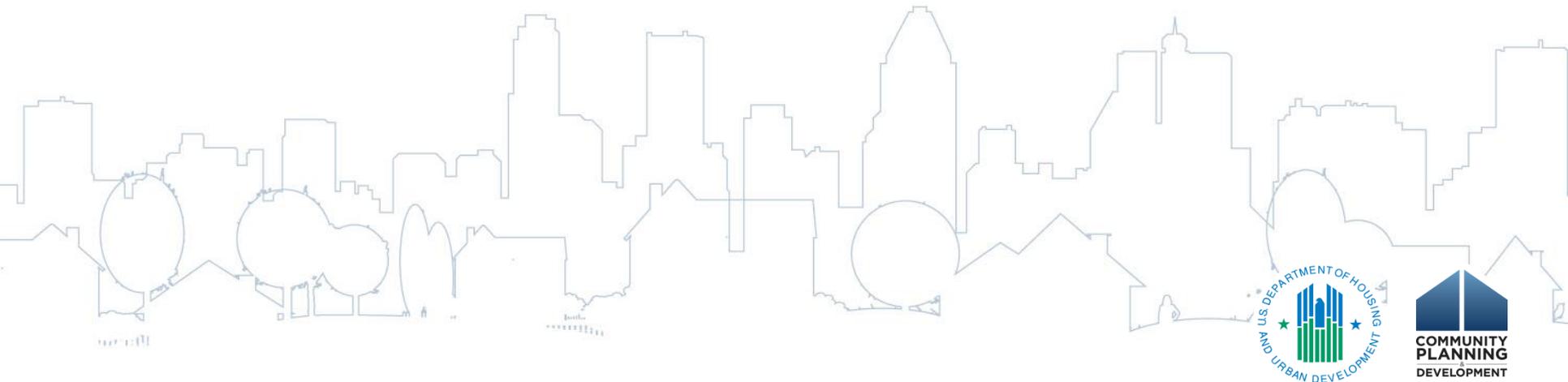
Bennie is a 16 year old boy that has lived on the streets of Pittsburgh for 14 months. He sleeps under a bridge and relies on an adult “friend” for whom he engages in commercial sexual exploitation in exchange for protection. He ran away from home when he was 14 to escape severe physical abuse by his mother’s “live-in” boyfriend. His father is sentenced to life in prison without parole and has been incarcerated for most of Bennie’s life.



Essential Elements of PYD

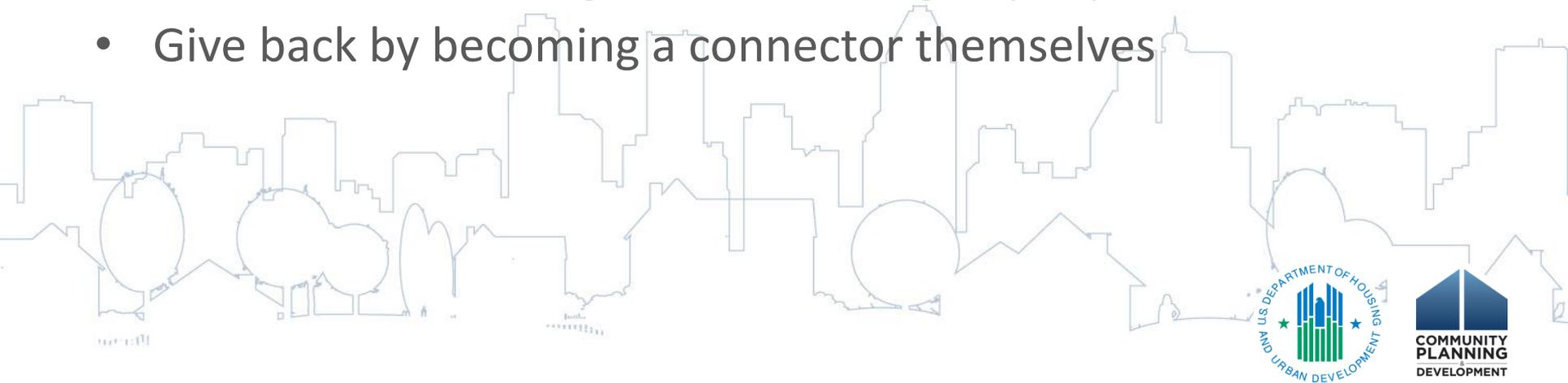
Positive Influences

- Help youth tap and build strong social connections, such as friendships, community programs, and religious or spiritual groups.



Building Connections

- Foster opportunities for connection with people, experiences, and organizations
- Introduce to people and organizations
- Recognize and explore assets and gain opportunities to build on them
- Form a network of supportive relationships
- Build skills in locating and connecting to people and resources
- Give back by becoming a connector themselves



Developmental Relationships

Expressing care

Challenging growth

Providing support

Sharing power

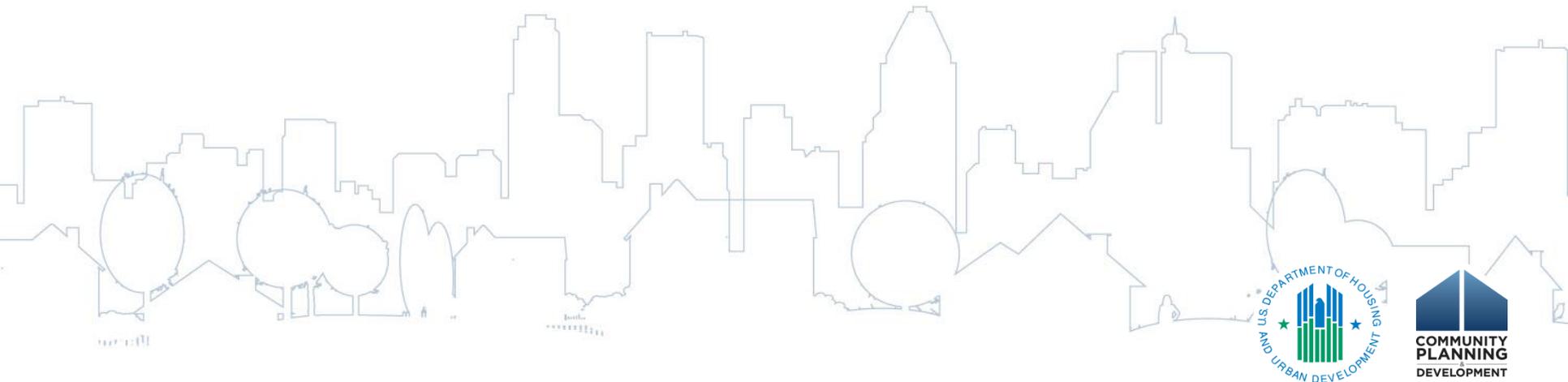
Expanding possibilities



Essential Elements of PYD

Protective factors

- Might include social connectedness, leadership, academic goal achievement, skills as well as personality traits like resilience, determination, integrity, and compassion.



Developmental Assets

Internal Assets

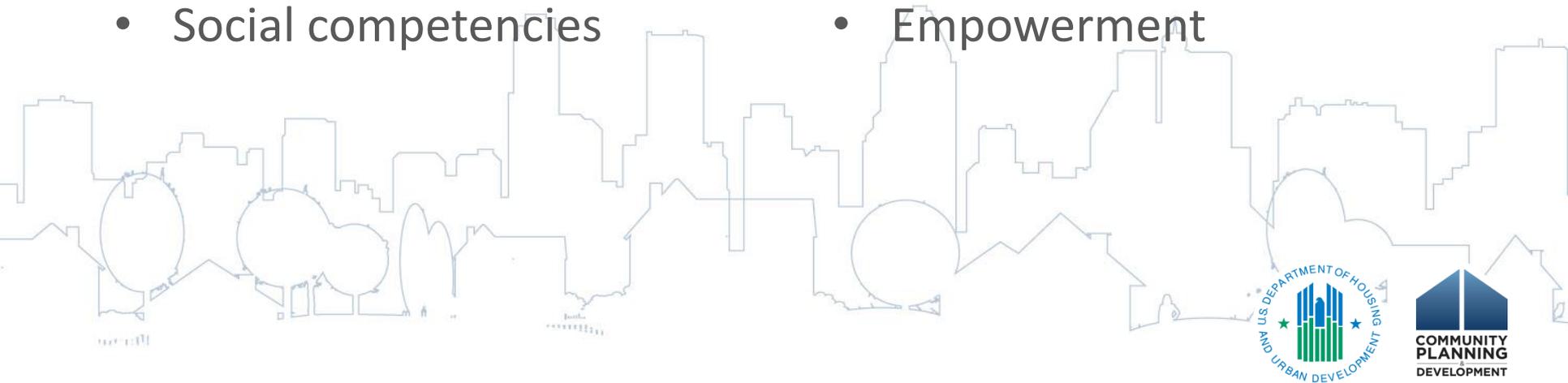
Relating to self-identity, character, and values:

- Positive values
- Commitment to learning
- Positive identify
- Social competencies

External Assets

Relating to family and community:

- Constructive use of time
- Support
- Boundaries
- Empowerment



Essential Elements of PYD



Youth Driven: Adults recognize youth as the author of their own story. They provide information and support.



Essential Elements of PYD



Opportunities for growth and development: Allow youth to develop skills, explore interests and assets, and contribute to community.



5 C's of PYD (+1)

Competence

- intellectual ability and social and behavioral skills.

Connection

- positive bonds with people and institutions.

Character

- integrity and moral centeredness.

Confidence

- positive self-regard, a sense of self-efficacy, and courage.

Caring/Compassion

- Humane values, empathy, and a sense of social justice.

Contribution

- Opportunities to feel value and connection



Discussion

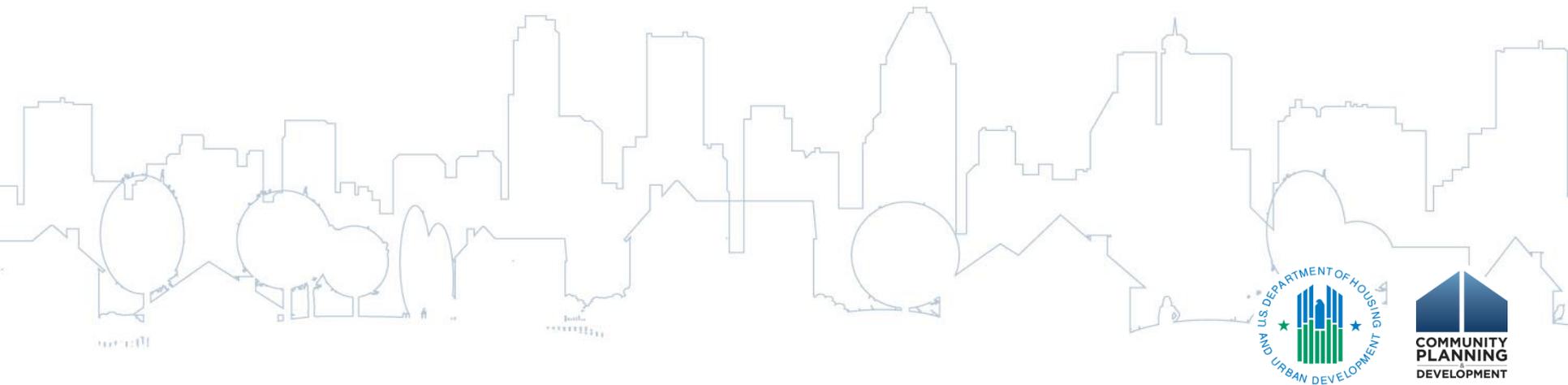


DISCUSSION: In what ways have you seen these ideas reflected in your YHDP community?



Potential barriers

“I don’t believe in charity. I believe in solidarity. Charity is vertical, so it’s humiliating. It goes from the top to the bottom. Solidarity is horizontal. It respects the other and learns from the other. I have a lot to learn from other people.” — Eduardo Galeano

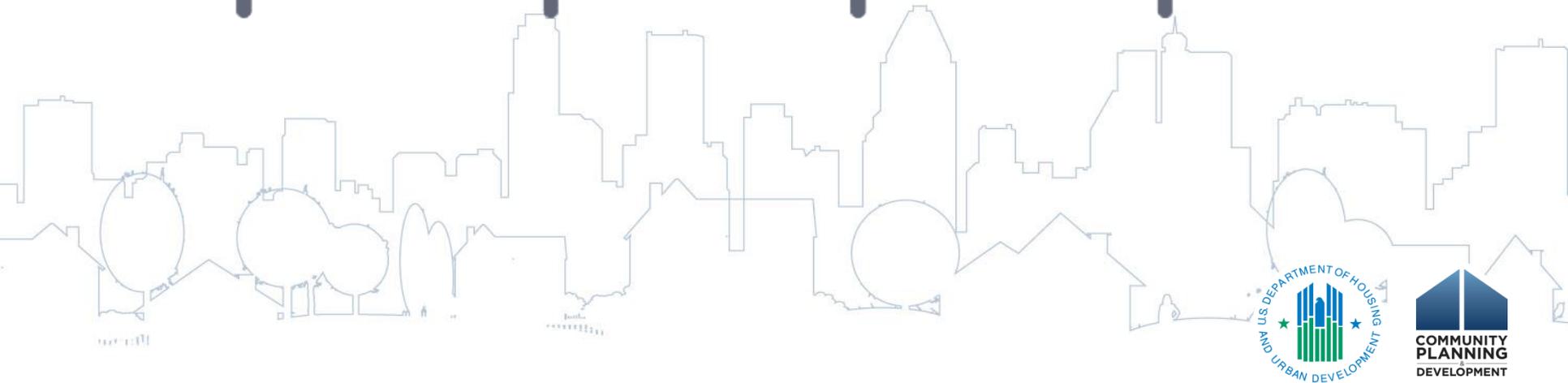


Spectrum of Attitudes

Young People
viewed as
Objects

Young People
viewed as
Recipients

Young People
viewed as
Resources



Check your...

Assumptions

- Shared experience does not equal shared story

Attitudes

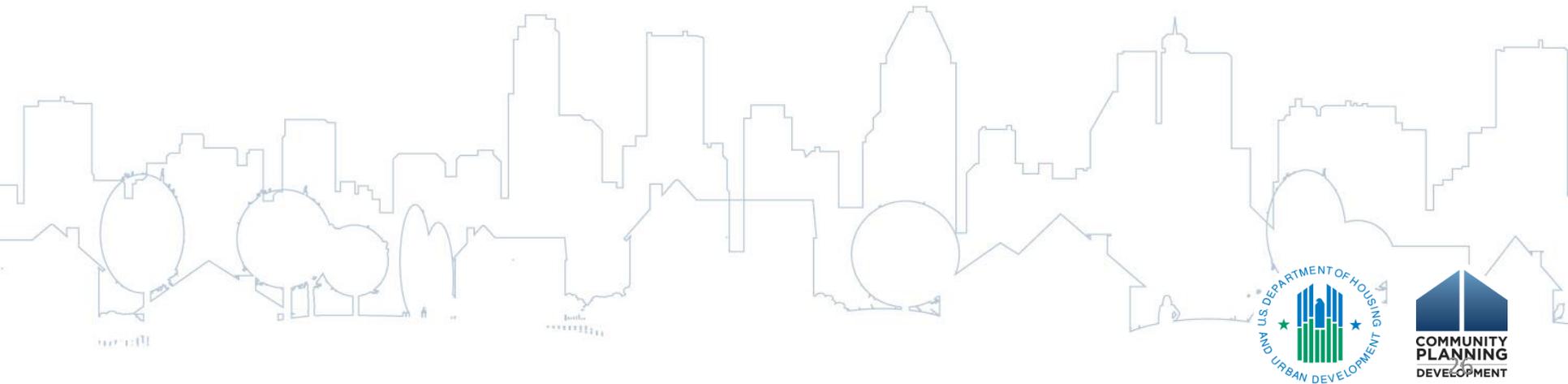
- Adulthood and Ageism

Expectations

- Who's are they?
- What is the purpose of this relationship – what are their expectations for your programs



PYD IN PRACTICE: DIRECT SERVICE



Theory Informs Practice



Youth are the authors of their own story.



Decision Points in Practice

- Recruitment, assessment and intake of youth into program
- Partnering to determine services and engagement (on the individual level)
- Developing partnership agreements to provide services
- Developing and delivering staff and volunteer training
- Review of program policies and procedures



Develop a Strength-based Culture

Language

Perspective

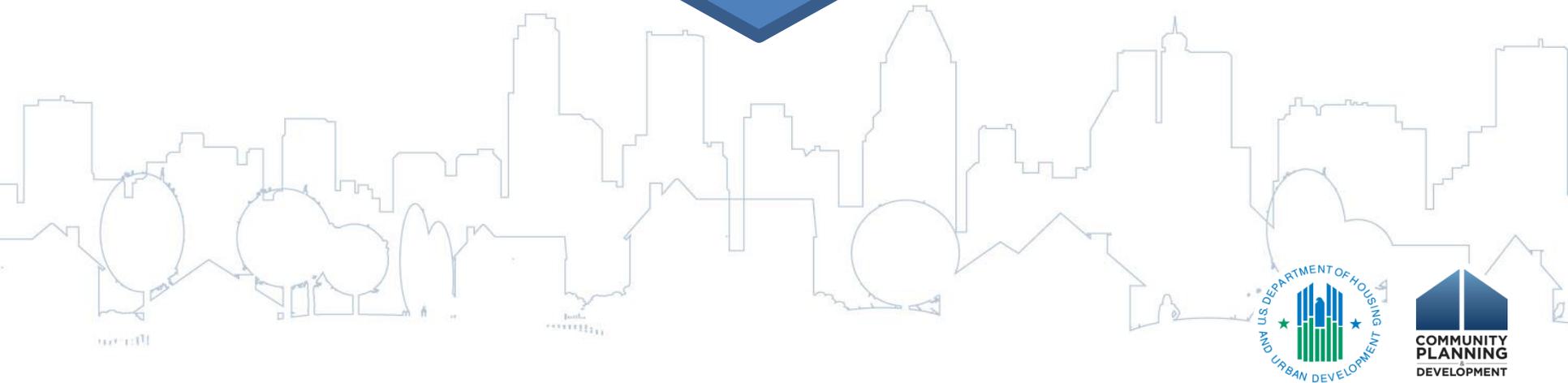
Processes

Goals



Insights from the Field

Angie Miot-Nudel
Larkin Street Youth Services
San Francisco, CA



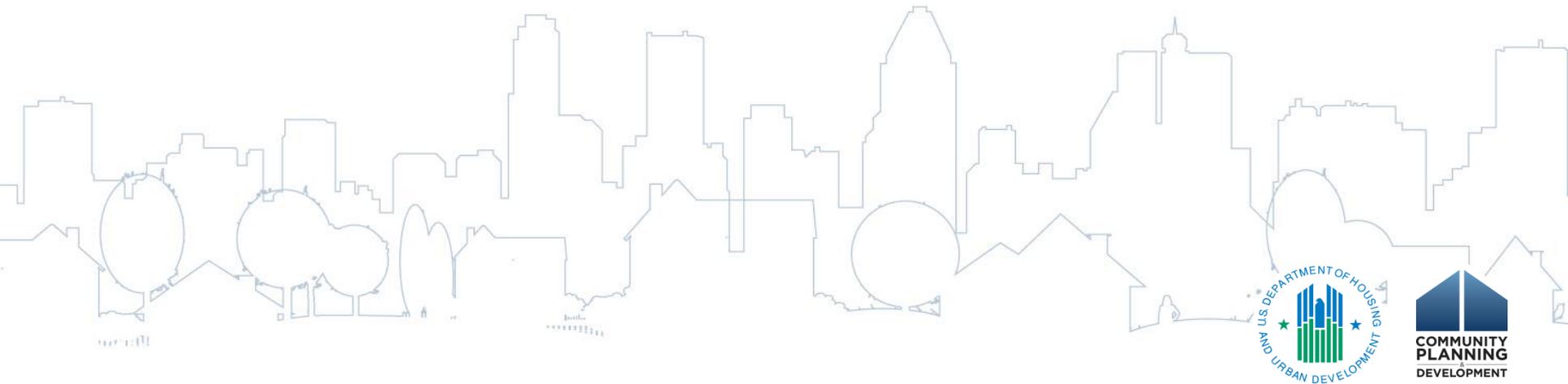
Discussion

In what ways has your program developed a strength-based culture?



Holistic View of Individual

- Physical health
- Vocational readiness and success
- Social and emotional health
- Educational Attainment
- Civic Attainment

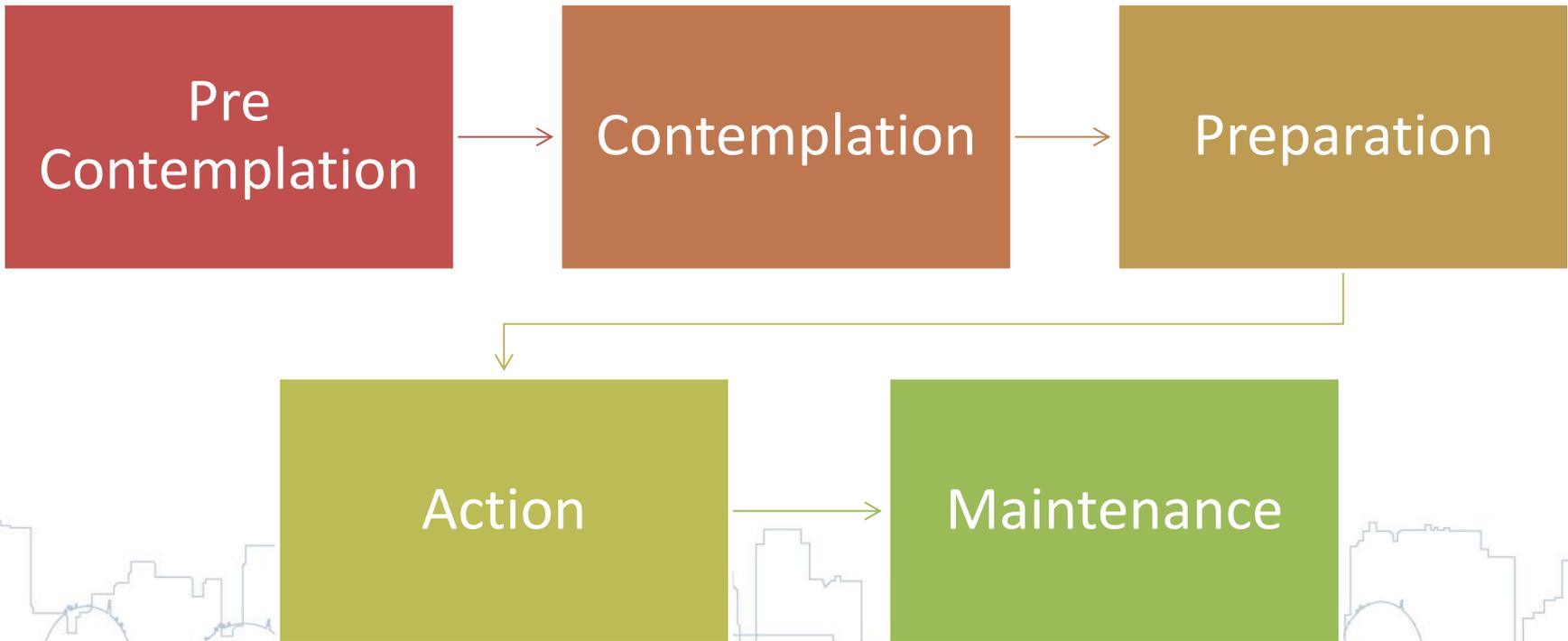


PYD in Practice

- Recognizes that each person is the expert on themselves
- Provides opportunities to explore and develop
- Increases self-awareness
- Builds competencies
- Holds belief that each participant is capable of being successful in their endeavors
- Establishes and maintains a professional partnership



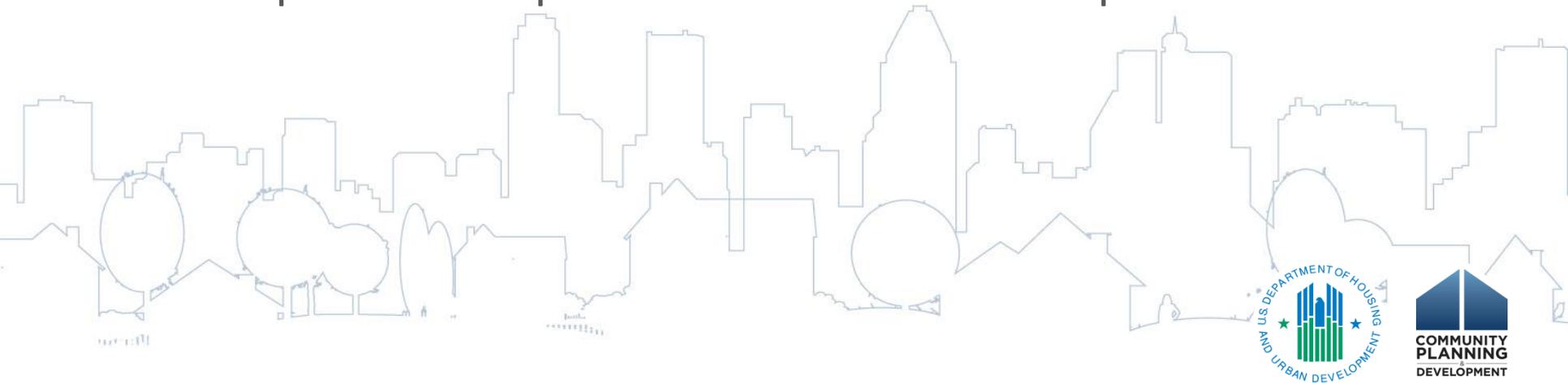
Stages of Change



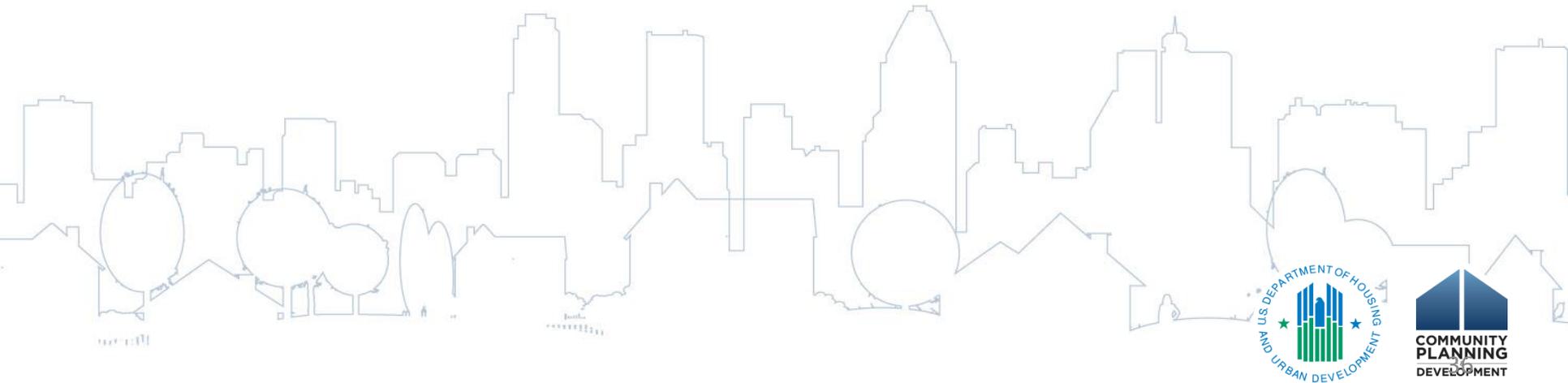
Motivational Interviewing

Evidence-based strategies that helps participants move past ambivalence to taking steps toward change:

- Collaborative conversation
- Strengthens motivation and commitment to change
- Guided dialogue about change
- Open-ended questions that facilitates exploration



PYD IN PRACTICE PROGRAM DESIGN AND DEVELOPMENT





Nothing about us without us.



Program Design and Development

- Young people need to be collaborative partners in all aspects
- Develop and review program materials
- Involve in the hiring and training of staff and volunteers
- Staff roles that are designed for youth expertise
- Develop map of service experience

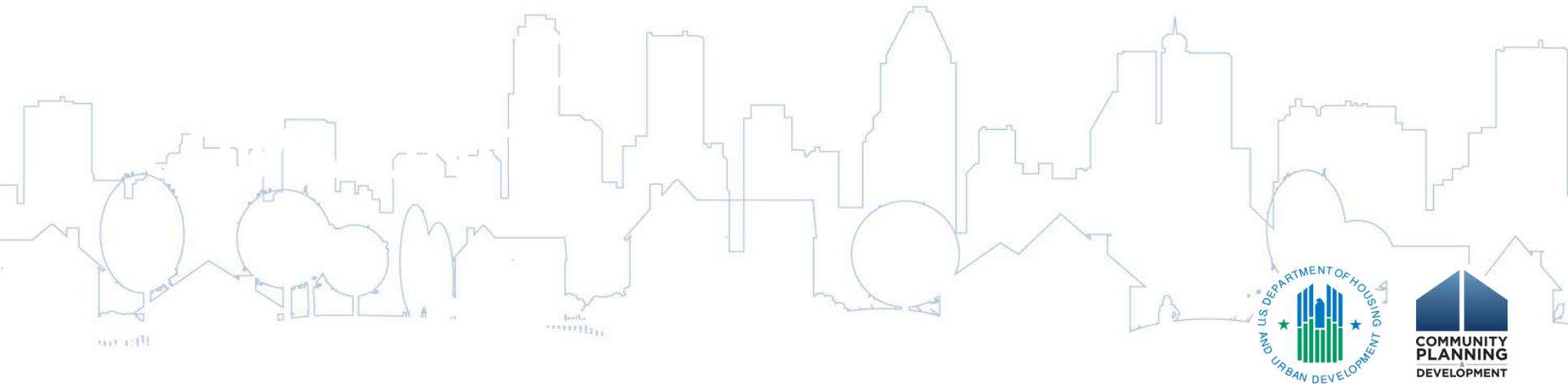


Insights from the Field

Beth Holger-Ambrose +
The Link
Minneapolis, MN



PYD IN PRACTICE: COMMUNITY



Contribution and Community

- Community service/volunteering
- Youth Advisory Boards
- Governing boards
- Task forces



Insights from the Field

Mirielle Milne
The Jonah Project
Spokane, WA





Insights from the field



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Questions?
Comments?



Up Next

- Please complete the webinar evaluation:
<https://www.surveymonkey.com/r/M6FHK7Z>
- Let us know if you are interested in a Positive Youth Development Coaching Session
- Sign up for the Family Engagement Webinar:
Tuesday, November 20, 2018 at 3:00 pm ET

