Housing First for Youth and Young Adults
Monday, September 24th, 2018
1-2:30pm (CT)
Community Introductions

- Which YHDP Community

- Select the type(s) of projects your community is implementing.

- Pumpkin or Apple?
Overview of YHDP Learning Collaborative and Housing First for Youth & Young Adults Webinar
Trainer Introduction

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What Are The Core Elements of Housing First

1. Centered on Consumer Education and Choice
2. Low Threshold Admissions, Targeted Housing
3. Voluntary, but Robust Services
4. Promotes Housing Retention
5. Separates Property Management and Services
6. Embraces a Harm-reduction Approach

Adapted from “Understanding the Critical Ingredients for Facilitating Consumer Change in Housing First”, Watson et al 2013
Centered On Consumer Education And Choice
Low Threshold Admissions,
Targeted Housing
Voluntary, But Robust Services

Today's Menu
HAS TWO CHOICES
TAKE IT
or
LEAVE IT

Menu
Great Choice #1
Great Choice #2
Great Choice #3
Promotes Housing Retention
Separates Property Management and Services
Embraces A Harm-Reduction Approach

Harm Reduction is a way of managing behaviour that is potentially risky, damaging, or unhealthy by putting in place plans and techniques to reduce the harm of those behaviours.

It is often discussed in terms of substance addiction, but many people have found the framework really useful for other kinds of behaviour.
The Core Elements Of Housing First For Youth (HF4Y)

1 A right to housing with no preconditions
2 Youth choice, youth voice, and self-determination
3 Positive Youth Development (PYD) and wellness orientation
4 Individualized, client-driven supports with no time limits
5 Social inclusion and community integration
Discussion Question

Have you seen core fundamentals of youth development and housing first operate in conflict with each other? If so, where? How have you resolved those conflicts?
1. A right to housing with no precondition
2. Youth voice, youth choice, and self determination

What is foundational about implementing these elements?
What gets in the way of making these elements a reality in your community?
A Right To Housing With No Precondition

WELCOME
WE’RE GLAD YOU’RE HERE!
What if the young person is not ready for housing? Aren’t we setting them up for failure and further trauma?
What if we decided that housing gives people a strong foundation for success and they have more potential to do well being housed than while being homeless.
What Does This Look Like In A Coordinated System?

Where has this been successfully implemented?

Where have communities tried things and it has backfired?
Responses & Questions

What has this brought up for you?

What can we discuss together to help dig into some challenges of making these elements a reality?

Resource:
https://network.truecolorsfund.org/youth-collaboration-toolkit/
4. Individual client driven supports with no time limits
5. Social inclusion and community integration
Individual Client Driven Supports With No Time Limits

Let’s break this down to two statements

Client driven supports

No time limits

CHOOSE YOUR OWN ADVENTURE®
Client Driven Supports

What support programs connected to your housing programs are optional?

Where do you require participation? Why?

What does it mean if tenants are not selecting those options? How do you respond?
No Time Limits

The element of time limitations on services is meant to help people progress through services at their individual pace.
Social Inclusion And Community Integration
Give Young People The Tools To Use Their Community Effectively
Bring Community In
Exploring How You Use And Engage With Community

Where do your programs build opportunities for young people to lead?

How do you support people in building and engaging with their community?

*Something to think about*: How do your projects help young people gain the skills necessary to use their community to help them through challenges?
Where To Go From Here?

What are one or two examples of how your program/community has implemented Housing First principles?

What can we do to support you successfully implementing Housing First in your YHDP projects?
Up Next

Housing First Coaching Sessions:
   Option 1: Tuesday, October 2nd 1-2:30pm (ET)
   Option 2: Tuesday, October 9th 12-1:30pm (ET)

Positive Youth Development Webinar: Wednesday, October 24th, 1-2:30pm (ET)

PYD Coaching Sessions:
   Option 1: Monday, October 29th 3:30-5pm (ET)
   Option 2: Monday, November 5th 3:30-5pm (ET)
Resources and Additional Reading

- [https://www.usich.gov/resources/uploads/asset_library/Housing_First_Checklist_FINAL.pdf](https://www.usich.gov/resources/uploads/asset_library/Housing_First_Checklist_FINAL.pdf)
Wait!!! There’s More...

Thank you for joining us today. Please take a few minutes to complete this brief evaluation and to register for one of the coaching sessions.

Webinar Evaluation and Coaching Session Registration