

# Ending Youth Homelessness: Using the Preliminary Intervention Model in your community's response

March 18, 2014

Part 2 of 2



# Vulnerable Subpopulations of Youth

Foster Care  
Youth

LGBTQ Youth

Juvenile Justice  
Youth

Pregnant/  
Parenting Youth

## Implications for Culturally-Appropriate, Effective Interventions

- Higher levels of risk and trauma on average
- Evidence-based interventions are available to:
  - Treat substance abuse and mental health issues
  - Promote healing and recovery from trauma
  - Build key skills and capacities in youth
- Increase the capacity of service providers to:
  - Accurately identify service needs
  - Match those needs to appropriate interventions

# Making Meaningful and Measurable Improvements in Outcomes

**Anticipating** the **challenges** that youth have when they are at risk of homelessness; will bring with them when they become newly homeless; or struggle with when they are chronically homeless

**Improving** the **data** and **rethinking** the **structure** across federal program areas and across services delivered by homeless providers

Maximize existing federal capacity by **scaling back** practices that are not achieving desired results while concurrently **scaling up** evidence-based interventions and practices

# Federal Priorities for 2014

## Data Strategy

- Prepare for integrating HMIS and RHYMIS data systems
- Exploring how to coordinate data between education and homeless serving agencies
- Designing a study on how to effectively reach, count, and sample youth experiencing homelessness, especially those who have been homeless for an extended period of time or who have risk factors.

## Capacity Strategy

- Exploring ways to align Federal program outcomes with core outcomes of the framework
- Coordinating technical assistance across agencies to support communities
- Identifying assessment tools for use in the field that align with the goals in the framework

# Example: Screening & Assessment

Angela Rosales  
Corporation for Supportive Housing  
Los Angeles, CA



# Why is a triage tool for homeless youth needed?

**GOAL:** Identify homeless youth with greatest need for supportive housing.

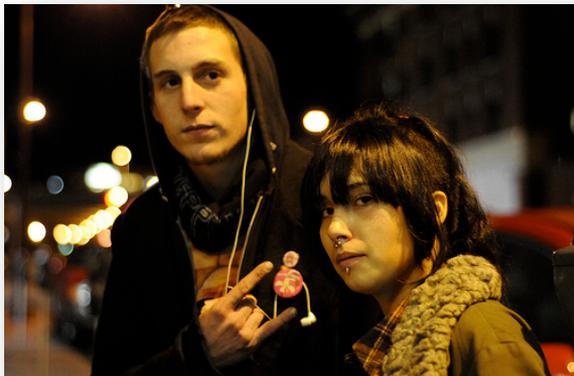
- Target supportive housing for the most vulnerable youth facing multiple barriers to accessing and retaining housing, and who need supportive services.
- Prevent chronic homelessness as adults. 50% of chronically homeless adults were homeless as transition age youth.
- Current tools that exist to prioritize homeless adults are not appropriate for youth.



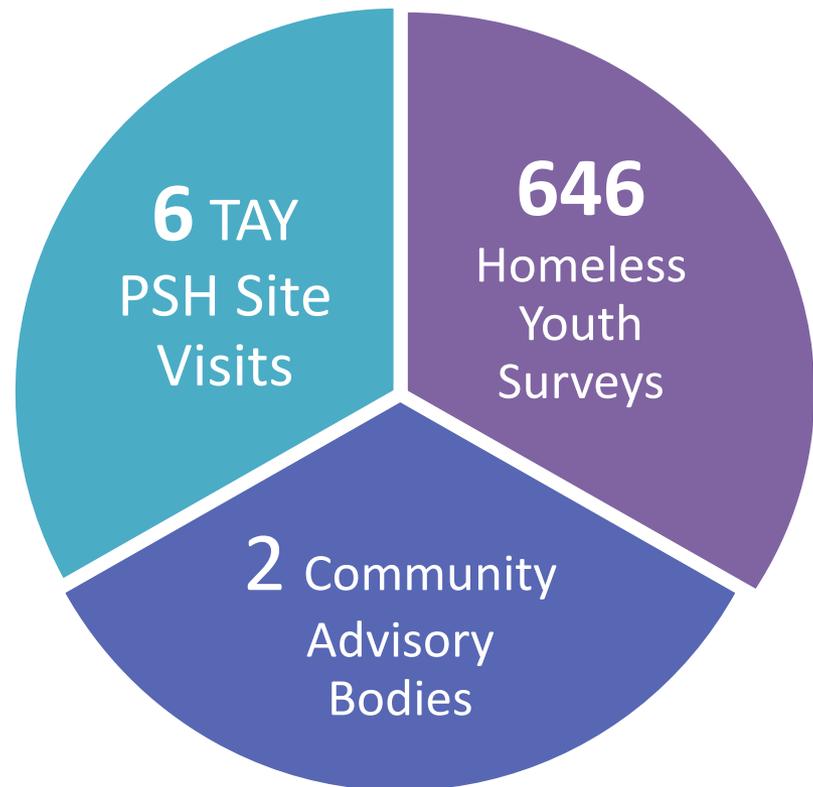
# How was the TAY Triage Tool developed?

1. Partnered with a local university professor for data collection, analysis, and tool creation.
2. Public and private stakeholders shaped the development of the tool.

**Dr. Eric Rice,**  
*Associate Professor,*  
University of Southern  
California,  
School of Social Work



*Photo courtesy of Dr. Eric Rice*



# TAY Triage Tool Questions

**Recommendation:** Embed the following questions in broader intake/assessment process. Prioritize SH for youth who score 4+ points.

	Odds:	Points:
Have you ever become homeless because:		
1. There was violence at home between family members	2.23	Yes = 1
2. I had differences in religious beliefs with parents/guardians/caregivers	2.62	Yes = 1
3a. I ran away from my family home 3b. I ran away from a group home or foster home	1.65	Yes = 1
4. How old were you when you tried marijuana for the first time?	3.05	If <age12 = 1
5. Before your 18th birthday, did you spend any time in jail or detention?	1.86	Yes = 1
6. Have you ever been pregnant or got someone else pregnant?	1.94	Yes = 1

# Youth Profile

Triage Tool Score: 6

Age:	22
Total Years Homeless:	8
Sex:	Male to Female Transgender
Ethnicity:	White/Caucasian
Sexual Orientation:	Gay
Place of Origin:	Los Angeles
Education:	Dropped out of high school
Foster Care History:	Starting at age 4, 10+ placements
Employment:	Not working
Current Housing:	Staying with a friend
Biological Children:	1
Mental Illness:	Depression
Substance Use:	Daily marijuana and methamphetamine use
Traumatic Experiences:	Physical abuse, witnessed family violence, violent death or serious injury of a loved one, has traded sex for money/food/drugs/place to stay

# System-level Application

## Areas for Application

- **Inform the housing capacity needs and gaps in the system.**
  - Inclusion in homeless youth counts
  - Incorporation into housing assessment and referral systems
- **Potential for delivering the tool to youth while still in care.**
  - Shore up services around youth earlier



*Photo courtesy of Dr. Eric Rice*

## Planning Considerations

- **How can data be used to inform targeting into interventions?**
- **What kind of data do you need to have in order to develop targeting and assessment tools?**
- **Use TAY Triage Tool as a basis for data collection.**
  - Full report available at [www.csh.org](http://www.csh.org)
  - Contact Angela at [angela.rosales@csh.org](mailto:angela.rosales@csh.org)

# Example: Core Outcome: Employment

Denise Hinds  
Good Shepherd Services  
New York, NY





GOOD  
SHEPHERD  
SERVICES  
CHELSEA FOYER



## CHELSEA FOYER

### Program Overview

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- Opened in 2004. Based on Foyer model developed in the UK
- Provides 40 homeless, runaway, and foster care youth, ages 18-25, with supported transitional housing
- Funding from multiple public & private contracts
- Residents participate in a personalized program of services for up to 24 months
- ***Services infused with Good Shepherd Services' signature strength-based youth and family development practices***



# CHELSEA FOYER

## Core Outcome: Employment

### Frameworks (*Overarching philosophy*)

*Youth and Family Development*

*The Sanctuary Model: Trauma-Informed Model*

*Example of Interventions (Set of activities aimed at specific outcome)*

*Logic Model Outcome:*

*Participants will develop Career Planning Skills*

*Intervention*

*WORC Model: Work Opportunities for Rewarding Careers (Columbia University School of Social Work)*

- WORC Assessment Tool*
- Career Club*
- Labor Market Development*

**Assessments Include:**

*Ansell Casey Life Skills Assessment*

*Trauma Symptom Inventory*

*PTSD Index*

# Example: Trauma-Informed Care

Kendall Rames  
Urban Peak  
Denver, CO



# Connection to Unaccompanied Youth Intervention Model



U R B A N P E A K

Real life. Real change.

Trauma, Mental Health, Life Skills, Risk and Protective Factors

**Core Outcomes**

On-going data analysis/Strategic Planning

**Culturally Responsive Interventions**

**Service Plans**

Youth driven, individualized, SMART goals

**Identify/Implement Age-Appropriate & Encompassing Screening and Assessment Tools**

**Data Driven Organization**

HMIS + additional youth/client data points

**Youth Outcome Based Logic Models**

Trauma Informed Care & Positive Youth Development

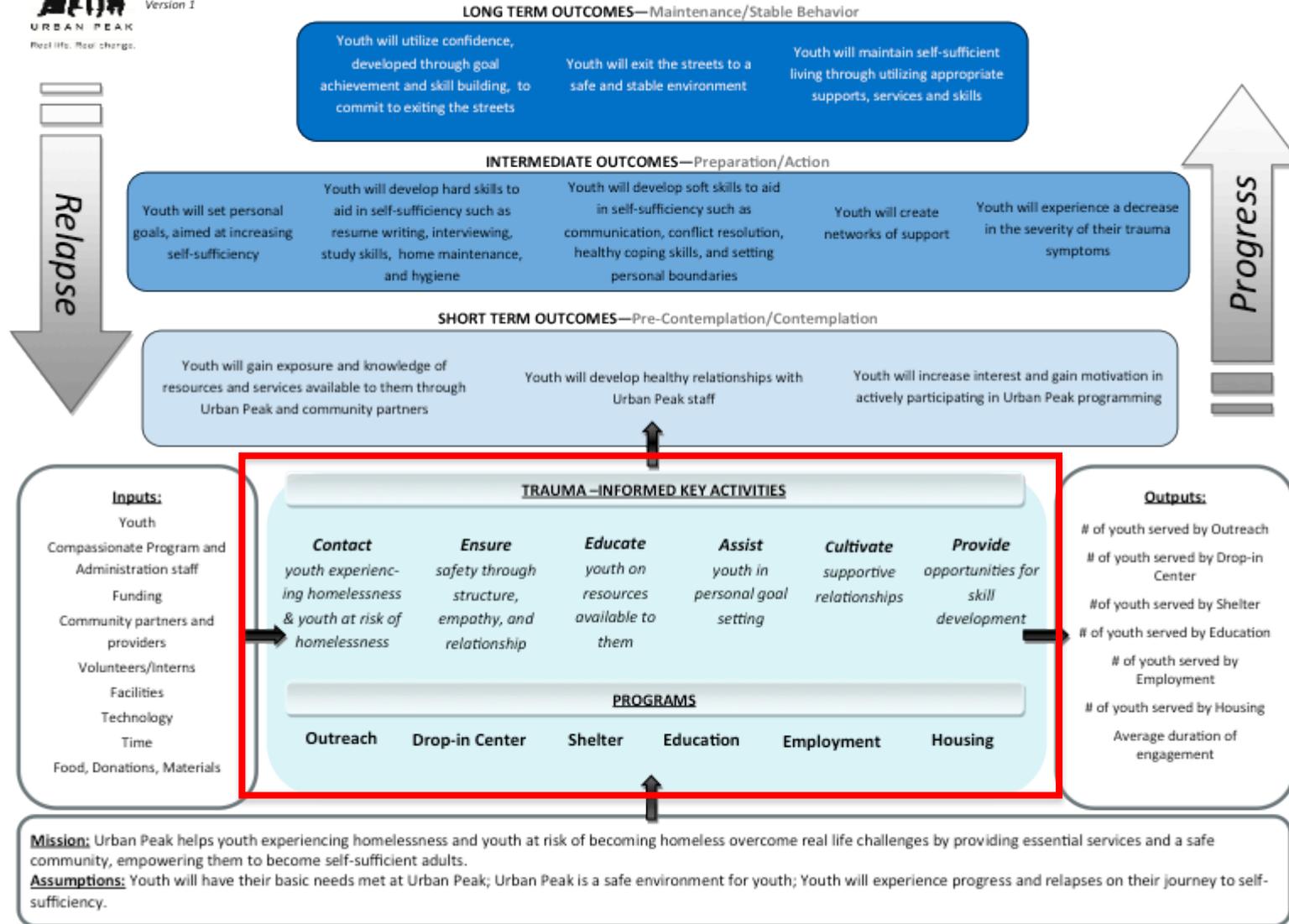
PYD, TIC, Restorative Justice, Harm Reduction, Strengths Based Case Management, Motivational Interviewing/Stages of Change

# Urban Peak Youth Outcomes Logic Model



**URBAN PEAK**  
Version 1

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# Urban Peak Infusion of Trauma-Informed Care

- TIC focus and philosophy embraced and supported by all levels of agency including: CEO, Board of Directors, and staff in all roles
- Member of National Council on Behavioral Health TIC Learning Community
- Conducted TIC Organizational Self-Assessment to inform implementation priorities
- TIC philosophy infused in program delivery, trainings, staff meetings, self-care, job descriptions, employee evaluations, etc.
- Just thinking about being trauma-informed being trauma-formed



URBAN PEAK

Real life. Real change.

# Example: Cross-System Collaboration

Cheryl Pooler  
Waco Independent School District  
Waco, TX

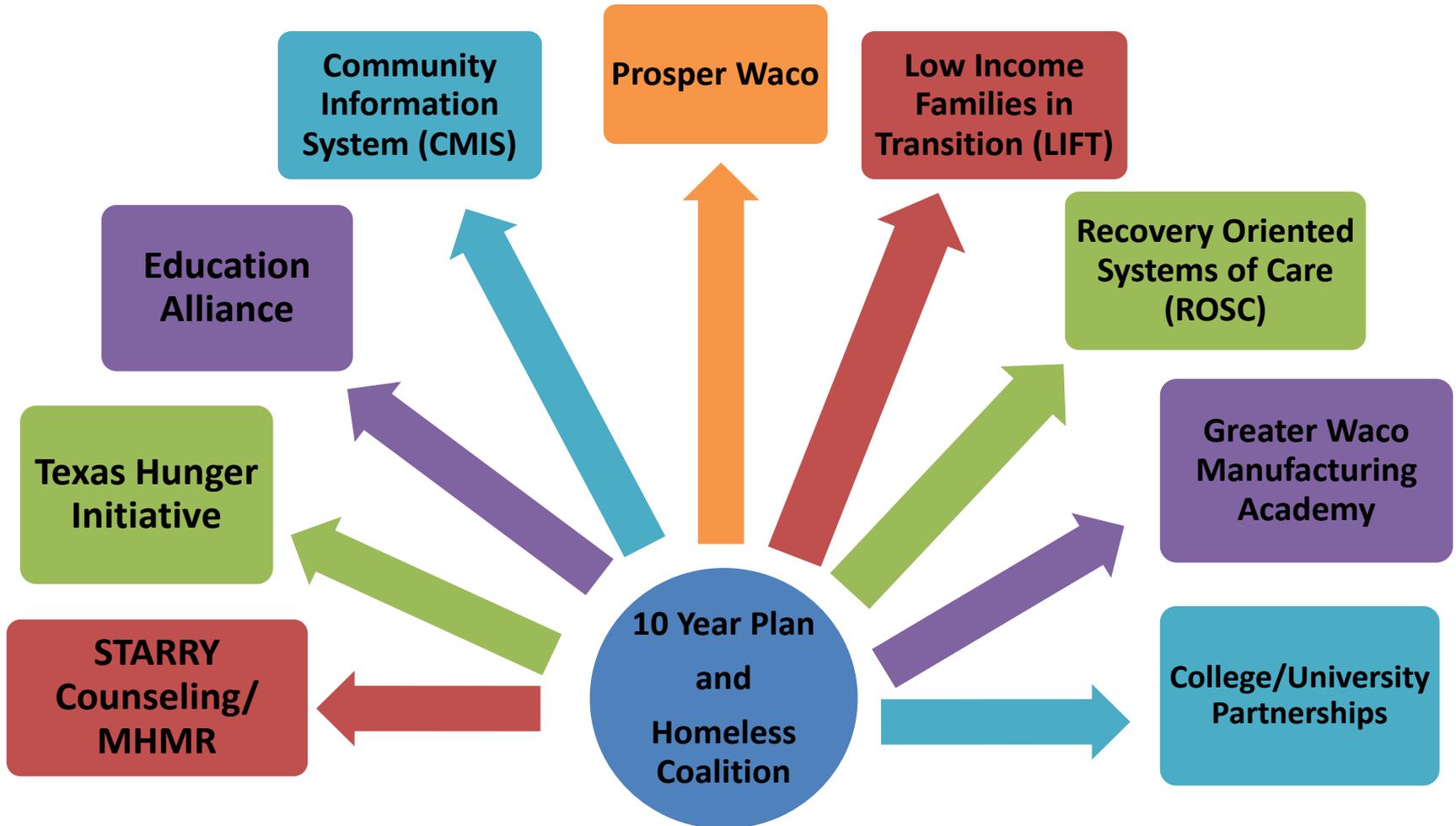




# Community Collaboration



“If we don’t know, we can’t help”

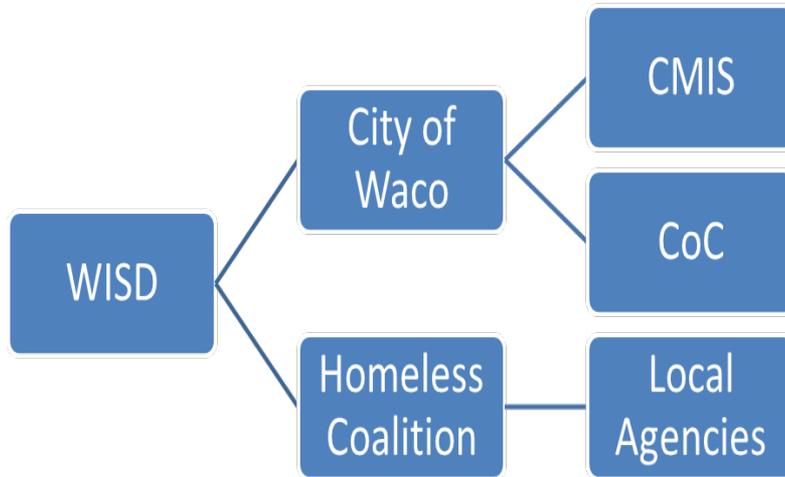




# Waco ISD Homeless Outreach



Cheryl Pooler, LCSW Homeless Liaison



- MHMR
- Starry Counseling Center
- Baylor University, McLennan Community College
- Habitat for Humanity/Waco Community Development Corporation
- Waco City Transit
- Texas Hunger Initiative/Local Hunger Coalition
- Methodist Children's Home
- Waco Kiwanis Club
- Unbound (Antioch Community Church)
- Waco Community Health Center
- Family Housing Collaborative

Cheryl Pooler, LCSW Homeless Liaison

[Cheryl.pooler@wacoisd.org](mailto:Cheryl.pooler@wacoisd.org)

254-755-9433

# Moving Forward: Recommendations

- Commit to preventing and ending youth homelessness by 2020
- Improve youth Point-in-Time counts in all CoCs starting in 2014
- Facilitate cross-system dialogue, coordination, and data sharing – child welfare, education, foster care, juvenile justice, homelessness services systems – at state and local levels

# Moving Forward: Requests

- Contribute to national dialogue to help shape the most effective interventions for all youth who experience homelessness;
- Tell us what's working - and what's not – as it relates to federal policy and strategy;
- Connect with your local USICH Regional Coordinator; and RHY and CoC coordinators
- Connect with your peers; LEAs, CoCs, RHY providers.

# Available Resources

## ● Housing

- ESG
- CoC
- FUP Vouchers
- CDBG

## ● Services

- RHYA
- Fostering Connections
- Medicaid EPSDT
- LGBTQ Planning Grants
- CB Planning Grants
- Head Starts and Child Care Grants

## Education

- McKinney Vento Homeless Education Liaisons
- Title 1A
- FAFSA

## Employment

- Job Corp
- Youth Grants

## Justice

- Disconnected Youth

# Resources to Improve Youth Capacity

- Preliminary Youth Intervention Model Resources (Coming Soon!)
  - Screening & Assessment – risk/protective factors; mental/ behavioral health
  - Evidence-based Interventions
- Youth Framework
  - [http://usich.gov/resources/uploads/asset\\_library/USICH\\_Youth\\_Framework\\_FINAL\\_02\\_13\\_131.pdf](http://usich.gov/resources/uploads/asset_library/USICH_Youth_Framework_FINAL_02_13_131.pdf)
  - King County's Comprehensive Plan to Prevent and End Youth and Young Adult Homelessness in King County
    - <http://www.kingcounty.gov/socialservices/Housing/ServicesAndPrograms/Programs/Homeless/HomelessYouthandYoungAdults.aspx>
  - National Child Traumatic Stress Network
    - <http://www.nctsn.org/>

# Q & A



# Find More Resources!

## Federal Partners

U.S. Interagency Council on Homelessness (USICH)

- [usich.gov](http://usich.gov)

U.S. Department of Health and Human Services (HHS)

- [acf.hhs.gov/programs/fysb/](http://acf.hhs.gov/programs/fysb/)

U.S. Department of Housing and Urban Development (HUD)

- [hud.gov](http://hud.gov)

U.S. Department of Labor (DOL)

- [dol.gov](http://dol.gov)

National Center for Homeless Education (NCHE)

- [ftp.serve.org/nche/](http://ftp.serve.org/nche/)

## Community Panelists

- Corporation for Supportive Housing
  - [csh.org](http://csh.org)
- Good Shepherd Services
  - [goodshepherds.org](http://goodshepherds.org)
- Urban Peak
  - [urbanpeak.org](http://urbanpeak.org)
- Waco Independent School District
  - [wacoisd.org](http://wacoisd.org)